### AUG 2022 PACIFIC NORTHWEST COMMUNITIES INSIGHTS NEWS & STORIES



# IT'S BACK TO SCHOOL TIME!

#### Our CEO's Message



Dear HMC Residents,

I recently passed my one year anniversary since joining Hunt Military Communities as the new CEO. I have traveled to most of our communities and have met with many of our residents. The experiences and feedback have allowed us to make important strategic decisions and priorities to improve our service delivery and resident experience

across the country. We are excited to continually pursue improvements necessary to serve you better and sustain our military communities.

Last August, I committed to reviewing best practices and refining services and programs. Since then we have completed resident focus groups in almost all of our communities. The feedback has helped us to identify specific areas that are most important to you such as improving communication, focus on consistency in customer service, and enhanced community events to bring our residents together. Resident focus groups will be something we doing continuously across the country so we can get direct feedback from you on our service delivery and communities. Thank you to everyone who participated, and we always value your feedback.

Semper Fidelis, Brian Stann

Hunt Military Communities President & Chief Executive Officer

# **SAVE THE DATE**

# August 2nd

Ice Cream Sandwich Day at Community Center from 2:00pm - 3:30pm

## August 4th

Operation Homefront Backpack Brigade distribution event pre-registration required at Myoperationhomefront.org

## August 10th

Spoil Your Dog MWR Event at Trident Lake 4:00pm

## August 12th

Painting Pottery at Community Center from 9:00am - 12:00pm

## August 19th

DIY Craft Kits distribution event. Stop by your local Community Center to pick-up

## August 26th

Back to School BBQ at Community Center from 12:00pm - 2:00pm

# August 30th

Bubble Day

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# SUN SAFETY

Spending time outside is a great way to be physically active, reduce stress, and get vitamin D. You can work and play outside without raising your skin cancer risk by protecting your skin from the sun.

Most skin cancers are caused by too much exposure to ultraviolet (UV) light. UV rays are an invisible kind of radiation that comes from the sun, tanning beds, and sunlamps. UV rays can damage skin cells.

Protection from UV rays is important all year, not just during the summer. UV rays can reach you on cloudy and cool days, and they reflect off of surfaces like water, cement, sand, and snow. In the continental United States, UV rays tend to be strongest from 10 a.m. to 4 p.m. daylight saving time (9 a.m. to 3 p.m. standard time).

The UV Indexexternal icon forecasts the strength of UV rays each day. If the UV index is 3 or higher in your area, protect your skin from too much exposure to the sun.

## How to Protect Your Skin From the Sun

#### Shade

You can reduce your risk of sun damage and skin cancer by staying in the shade under an umbrella, tree, or other shelter. Your best bet to protect your skin is to use sunscreen or wear protective clothing when you're outside—even when you're in the shade.

#### Clothing

When possible, wear long-sleeved shirts and long pants and skirts, which can provide protection from UV rays. If wearing this type of clothing isn't practical, try to wear a T-shirt or a beach cover-up. Clothes made from tightly woven fabric offer the best protection. A wet T-shirt offers much less UV protection than a dry one, and darker colors may offer more protection than lighter colors. Some clothing is certified under international standards as offering UV protection.

#### Hat

For the most protection, wear a hat that has a brim all the way around that shades your face, ears, and the back of your neck. A tightly woven fabric, such as canvas, works best to protect your skin from UV rays. Avoid straw hats with holes that let sunlight through. A darker hat may offer more UV protection.

If you wear a baseball cap, you should also protect your ears and the back of your neck by wearing clothing that covers those areas, using sunscreen, or staying in the shade.

#### Sunglasses

Sunglasses protect your eyes from UV rays and reduce the risk of cataracts. They also protect the tender skin around your eyes from sun exposure.

Sunglasses that block both UVA and UVB rays offer the best protection. Most sunglasses sold in the United States, regardless of cost, meet this standard. Wrap-around sunglasses work best because they block UV rays from sneaking in from the side.

#### Sunscreen

Put on broad spectrum sunscreen that blocks both UVA and UVB rays and has an SPF of 15 or higher before you go outside. Don't forget to put a thick layer on all exposed skin. Get help for hard-to-reach places like your back. And remember, sunscreen works best when combined with other options.

Sunscreen is not recommended for babies who are 6 months old or younger. The U.S. Food and Drug Administration recommends keeping infants out of the sun during midday and using protective clothing if they have to be in the sun.

#### SPF

Sunscreens are assigned a sun protection factor (SPF), which is a number that rates how well they block UV rays. Higher numbers indicate more protection. You should use a broad spectrum sunscreen with SPF of 15 or higher.

#### Reapplication.

Sunscreen wears off. Put it on again if you stay out in the sun for more than 2 hours and after swimming, sweating, or toweling off.

#### Expiration date.

Check the sunscreen's expiration date. Sunscreen without an expiration date has a shelf life of no more than 3 years. Its shelf life is shorter if it has been exposed to high temperatures.

# **Sun Safety Tips for Schools**

Recess and other outdoor activities during the day can put students at risk if their skin isn't protected from too much exposure to the sun. Teachers and school administrators can take steps to protect students from getting skin cancer later in life.

Article provided by: CDC





Westsoundfamilyhousing.com

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# **SELF HELP SHOP**

Located off Thresher Ave Maintenance Warehouse | 4620 Thresher Ave

# FAQ

**Is there a charge for items in Self-Help?** *No. The items are available to residents at no cost.* 

# Do i need to schedule an appointment to pick something up?

*No appointment is necessary. You can call the maintenance shop at (360) 394-7328 to confirm the item you would like to check out is available or checked out by another resident.* 

# How long can I keep an item that I have checked out?

*Items that are return items can be checked out for 48 hours or over a weekend (Friday – Monday).* 

#### How do I get to the Maintenance Warehouse?

The warehouse is located at 4620 Thresher Ave. Follow Thresher Ave. passing Robalo Dr. The warehouse will be on the right at the bottom of the hill.

# - AVAILABLE ITEMS

- Push Mowers
- Weed Eater
- w/Extension Cord
- Rakes
- Grass Seed
- Furnace Air Filters
- Exterior Faucet Covers

## MILITARY COMMUNITIES

Call For More Details: (360) 598-5831

www.westsoundfamilyhousing.com



### **West Sound Family Housing**



#### **Purpose and Structure of the Community Advisory Board**

The Community Advisory Board (CAB) will include all West Sound Family Housing volunteer resident representatives, the West Sound Family Housing Leadership Team and invited guests as appropriate. Advisory Board members are West Sound Family Housing residents acting as liaisons between the housing community residents and West Sound Family Housing. The purpose of the Community Advisory Board is to encourage residents to engage in their community and positively affect the quality of life of families living within our community. A monthly meeting will be established in order to give Advisory Board Members an opportunity to share their ideas and suggestions, express their concerns, and work with their property management team to develop solutions. Each Advisory Board Member will be assigned an area in a designated neighborhood within the community, which may or may not be the area in which they reside. Additionally, we would like to understand what kind of fun things we can do for our families. Unless otherwise notified, the Advisory Board will meet monthly, January through November at a time to be mutually decided by the Advisory Board. The meeting location is at the Bangor Creek Community Center at 3195 Bonefish Circle, Silverdale, WA 98315.

#### **Selection of CAB**

- Community Advisory Board members are volunteers from the community dedicated to facilitating open channels of communication between the community's residents and the Hunt Leadership Team
- Community Advisory Board members can be service members, spouses or both
- Community Advisory Board members may not have an outstanding balance of either rent, fees or charges of any kind
- · Community Advisory Board members may not have unresolved lease or lease guideline violations

#### **Community Advisory Board Responsibilities**

- Serve as a liaison for West Sound Family Housing neighborhoods and the West Sound Family Housing Leadership Team
- · Communicate community guidelines, procedures for problem resolution and goals to other residents
- Submit meeting agenda items no later than close of business the Friday before a monthly meeting
- · Assist in the distribution of informational material to housing residents as needed
- · Assist the West Sound Family Housing Staff in encouraging residents to comply with community guidelines as needed
- Solicit resident input and ideas, and work with West Sound Family Housing to improve the quality of life for all West Sound Family Housing residents
- Participate in West Sound Family Housing resident recognition programs as needed
- Nominate winners for the Holiday Decorating Contest as needed for assigned neighborhoods
- · Participate as volunteer judges for various other community contests
- Nominate at least one Yard of the Month home for assigned neighborhood by the 20th of each month
- · Assist with a minimum of 1 resident event within each one year period of membership
- Attend a minimum of 1 Crime Watch Meeting each year of membership
- Attend a minimum of six Community Advisory Board Meetings within each year of membership or 3 of 4 quarters

#### **Community Advisory Board Incentive**

For purposes of Community Advisory Board members qualifying for an incentive, the year of membership begins the day of first attending a meeting. In order for an incentive to be issued, the last four responsibilities above must be met. Once met, a resident representative may choose from either a Cleaning Waiver to be used upon move out of a Hunt Military Community or a flower bed refresh.

Advisory Board Member Acknowledgment Signature and Date

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# **BEAN ACTIVE VOICE** IN YOUR NEIGHBORHOOD!

# BY BECOMING A PACIFIC NORTHWEST COMMUNITIES



# **COMMUNITY ADVISORY BOARD**

CREATING BETTER COMMUNITIES TOGETHER - HUNT MILITARY COMMUNITIES -

# **MEMBER**

# Pacific Northwest Communities Would Like to Invite You to Join Your Neighborhood Community Advisory Board.

Hunt Military Communities would like to introduce you to our new Community Advisory Board. Residents from each neighborhood and a representative of Hunt Military Communities at Pacific Northwest Communities will comprise the Board. The CAB will meet periodically to discuss various topics of interest, assist in planning community events, as well as serve as an active liaison for information between neighborhood residents and Hunt Military Communities.

Please consider this opportunity to bring life and spirit to the community through cooperation within our neighborhoods. A get acquainted information form will also be provided. We ask that all interested residents to complete and submit the form no later than July 15, 2019.

#### Visit our office or call us for additional information:

#### Bangor, Bremerton & Keyport

MANAGEMENT OFFICE: **360.598.5831** 4168 Greenfish Drive • Silverdale, WA 98315 northwestmilitaryhousing.com

#### The Landings

MANAGEMENT OFFICE: **360.394.7304** 2785 Cascades Pass Blvd • Bremerton, WA 98312 thelandingskitsap.com



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# REMINDER

# Pacific Northwest Communities has a **NEW OFFICE NUMBER!**

# 360.447.5600



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# PLANNING ON MOVING?



# We Aim to Provide More Than Just Housing.

We are entrusted to create quality communities that meet the needs of our residents and we take that responsibility very seriously. We are deeply committed to honoring and serving these heroes and their families. **When you live at a Hunt Military Community, you'll always feel at home**.

#### It Pays to Live With Hunt!





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SatisFacts

ARD WINNER