# NEWSLETTER



## **HMC Electric Vehicle** Charging Program **EV CHARGERS**

communities. This program will provide in-home Level-2 EV charging to military

housing residents, aligning with our commitment to sustainability and energy resiliency goals outlined by the Office of the Secretary of Defense. Our pilot program will kick off at four of our military bases: Barksdale Air Force Base (Shreveport, LA), Fort Sam Houston (San Antonio, TX), Joint Base Pearl-Harbor Hickam (Honolulu, HI), and Marine Corps Base Hawaii (Kailua, HI). These locations have been selected to cater to the growing interest in Level-2 fast charging among

residents in military housing communities.

We are excited to announce our collaboration with TRO Energy Solutions, Inc.

(TROES), to introduce a pilot program for Electric Vehicle (EV) charging in select

This initiative aims to position HMC as one of the pioneering military housing operators in the U.S. to offer a comprehensive residential EV charging solution, demonstrating a forward-thinking approach to sustainability-focused infrastructure.

COMMUNITY ANNOUNCEMENTS

# Multiple Sclerosis Awareness March is Multiple Sclerosis Awareness Month, a time when all people can focus on

### **MS Defined and Experienced** MS affects your body's nervous system, specifically damaging the insulation surrounding nerve fibers, known as myelin, which ensures strong, steady signals pass from your brain to different body parts. Damage to myelin impacts your brain,

spinal cord, or optic nerves, causing a variety of troubling symptoms. Such

 Dizzy spells that come occasionally or regularly Fatigue (mental or physical) Hand or leg weakness

Blurred or double vision or vision loss that comes on quickly

Muscle spasms and stiffness

Memory, judgment, or learning problems

Balance issues or atypical clumsiness

**Common Types of MS** The three most common types of MS are:

Difficulty concentrating

Loss of bladder control

learning the basics about MS.

symptoms include:

- Relapsing-remitting MS (RRMS): According to the Multiple Sclerosis Association
  - when you experience new or worsening symptoms, lasting from a few days to a few months. Afterward, you can go months or years without symptoms.

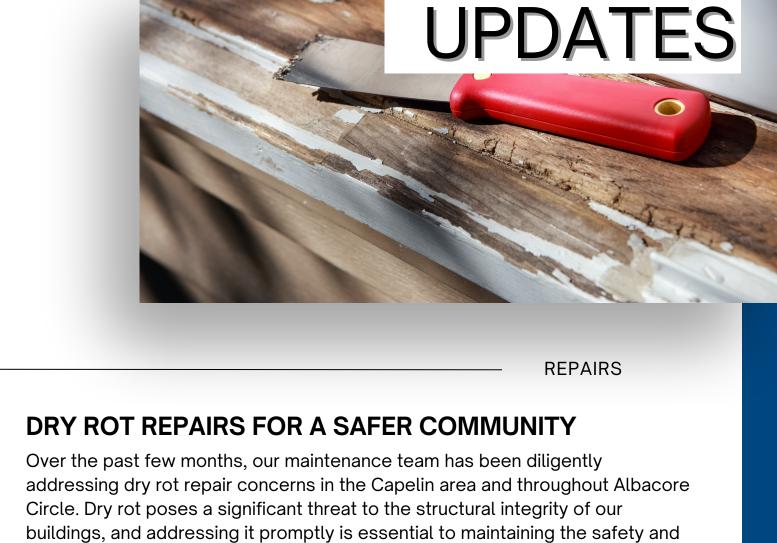
causing slowly worsening MS instead of sporadic flare-ups. Thanks to new medications, more people can prevent RRMS from progressing to SPMS.

Primary-progressive MS (PPMS): Unlike SPMS, PPMS isn't the result of a slow progression of disease. Rather, PPMS skips past RRMS and causes a steady worsening of symptoms from the very start.

of America, up to 85% of MS cases are or begin as RRMS. An MS relapse occurs

Secondary-progressive MS (SPMS): This occurs when RRMS progresses,

COMMUNITY



**SELF-HELP MAINTENANCE BUNKER** 

### SH The self-help maintenance bunker located at 4620 Thresher Avenue, is your one-stop destination for all

efforts to enhance the quality of life in our community.

stock.

SELF-HELP CORNE your DIY maintenance needs! It is stocked with a wide array of essential items to keep your home in top shape: Furnace Air filters Push Mowers Weed Eater w/Extension Cord Rakes Grass seed MAINTENANCE All these items are available for pick-up, so you can

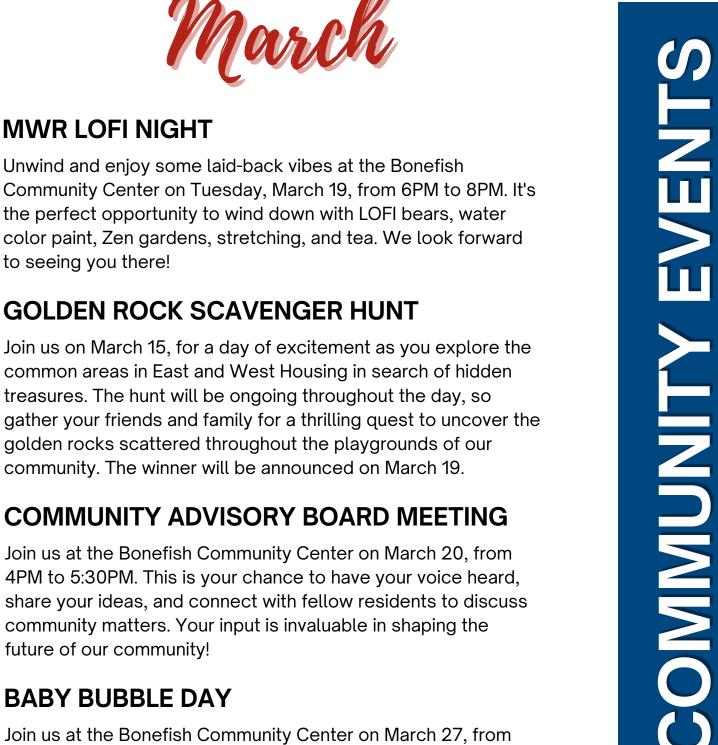
easily check them out and get started on your maintenance projects right away. If you have any

Feel free to contact us at 360-447-5600.

questions or want to verify that specific items are in

longevity of our community. Through careful inspection and targeted repairs, we are ensuring that our residences remain in top condition for all residents to

enjoy. We appreciate your patience and cooperation as we continue these



### future of our community! **BABY BUBBLE DAY** Join us at the Bonefish Community Center on March 27, from

Join us at the Bonefish Community Center on March 20, from 4PM to 5:30PM. This is your chance to have your voice heard, share your ideas, and connect with fellow residents to discuss

community matters. Your input is invaluable in shaping the

10:30AM to 12:30PM for a fun-filled morning of activities and

memories together as we enjoy bubble play, interactive games,

bonding time with your little ones. Let's create precious

and more. \*For children from 0 - 4 years-old only.



Let's shine the spotlight on

Maintenance Dispatcher. Stephanie

loves animals and volunteers her

free time to rescues. She enjoys

exploring PNW's waterfalls. In her

role, Stephanie thrives on problem-

solving, relishing the challenges of

hiking with her husband and

Stephanie McMurray, our

dispatching duties. **FUN STATS: New Move Ins: 35 Work Orders Completed: 530 Satisfacts Surveys Received: 61 Average Move in Score: 4.8 Average Work Order score: 4.76** 



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**BANGOR** 

**Connect With Us** 

360-447-5600

WestSoundFamilyHousing.com

(\) Monday through Friday, 8:00AM - 5:00PM

✓ WestSoundRSO@HuntCompanies.com

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# \*Refer to our social media accounts for changes and updates in events.

2024

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# MARCH

| SUN                            | MON                   | TUE  | WED  | THU                      | FRI  | SAT |
|--------------------------------|-----------------------|--|--|--------------------------|--|-----|
|                                |                       |  |  | Women's History<br>Month | Rent is Due 01 Employee Appreciation Day Hunt Little Heroes Content Starts | 02  |
| 03                             | 04                    | HMCF Scholarship<br>Program End  | 06   | 07                       | International<br>Women's Day   | 09  |
| Daylight Saving<br>Time Starts | 10                    | 12   | 13   | 14                       | Golden Rock<br>Scavenger Hunt<br>East & West Housing                       | 16  |
| 1                              | 18                    | First Day Of Spring MWR LoFi Night Bonefish Community Center 6PM - 8PM | Community Advisory Board Meeting Bonefish Community Center 4PM - 5:30 PM | 21                       | 22   | 23  |
| 24                             | Medal of<br>Honor Day | 26   | Baby Bubble Day Bonefish Community Center 10:30 AM - 12:30 PM            | 28                       | National Vietnam<br>War Veterans Day                                       | 30  |
| 31                             |                       |  |  |                          |  |     |



